



Dr. Shraddha's
PCOSmetic Gyne Clinic
PCOS & Cosmetic Gyne

Art OF FEMININE
REJUVENATION

**ReCos
GYNE**

MASTERCOURSE



**MASTERCOURSE IN FUNCTIONAL,
AESTHETIC & REGENERATIVE GYNECOLOGY**

A Comprehensive Hands-On Training in Cosmetic Gynecology



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Dr. Shraddha's
PCOSmetic Gyne Clinic
PCOS & Cosmetic Gyne

Dates

21st – 23rd August 2026

Venue

PCOSmetic Gyne Clinic,
19 Mahaveer Nagar A,
Patrakar Colony Road,
Prithviraj Nagar, Mansarovar,
Jaipur, Rajasthan-302020



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Dr. Shraddha's
PCOSmetic Gyne Clinic
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COURSE TRAINERS



DR. SHRADDHA GOEL

MS DNB, FICOG

SR. COSMETIC GYNECOLOGIST
LAPAROSCOPIC SURGEON
INFERTILITY SPECIALIST



DR. SOURABH RAWAT

MS MCH

SR. PLASTIC&COSMETIC SURGEON
RECONSTRUCTIVE SURGEON
HAIR TRANSPLANT SURGEON

WELCOME NOTE

We are delighted to welcome you to the 3 Day Mastercourse in Functional, Aesthetic & Regenerative Gynecology. This 3-day program is designed to integrate evidence-based knowledge with practical expertise in aesthetic and functional gynecology. We aim to provide

- ample hands-on exposure on cutting-edge technologies.
- innovative techniques for comprehensive learning and real-world applications.
- Helping you master the art of aesthetic excellence in women's wellness

We hope this workshop enhances your clinical practice and helps you deliver the best outcomes for your patients.

- Dr. Shraddha Goel



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DAY 01

21ST AUGUST 2026



Dr. Shraddha's
PCOSmetric Gyne Clinic
PCOS & Cosmetic Gyne



09:00–09:30 AM

Overview of Cosmetic Gynecology & Setting up Cosmetic Gyne Clinic

09:30–10:00 AM

Applied Anatomy and Physiology of Female Genitalia

10:00–10:20 AM

Female Pelvis Demonstration

10:20–11:00 AM

Physics of Energy Based Devices

11:00–11:25 AM

Breakfast

11:25–11:45 AM

Practical Insights of Energy Based Devices

11:45 AM–12:15 PM

Female Sexual Dysfunction

12:15–12:45 PM

Latest Regenerative based Management of SUI

12:45–01:00 PM

Botox in Vaginismus

01:00–02:00 PM

Lunch

02:00–05:00 PM

Hands on Cases and Learning the working of

• **CO2 laser**

Vulval lift

Scar Revision

Pigmentation

• **RF**

Vaginal tightening

SUI

GSM

• **HIFU**

• **HIFEM**

Acne scars

Mole Excision/Wart Excision

Stretch marks

• **Botox for Vaginismus**

• **Hydrafacial**



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09:00–09:30 AM

Application of Platelet Rich Plasma/
Platelet Rich Fibrin/ Exosomes

09:30–10:00 AM

Guest Lecture By Dr. Ameesha Mahajan
Laser Hair Reduction & Peels For Bikini Zone

10:00–10:30 AM

Clinical Case Video Demonstration By
Dr. Claudia Mazzarella (Cosmetic Gynecologist, Italy)

- Oxygen-HA Vagina & Bladder Treatment
- Double Labial Filler Injection

10:30–11:00 AM

Breakfast

11:00–11:30 AM

Learning PRP Preparation

11:30–01:30 PM

Hands-On Live Cases of PRP

- Vampire Facial
- Acne Scars
- Vaginal Rejuvenation
- Genitalia Lightening
- SUI
- Cervical Ectopy
- G-Shot / O-Shot
- Genitourinary Syndrome of Menopause
- Recurrent Cervicitis

01:30–02:00 PM

Lunch

02:00–03:00 PM

Hands-on Cases and Learning Working of

- Laser Hair Reduction by Diode Laser
- Genitalia Peeling

03:00–04:00 PM

Certification Ceremony

DAY 02
22ND AUGUST 2026



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DAY 03

23RD AUGUST 2026



Dr. Shraddha's
PCOSmet Gynecology Clinic
PCOS & Cosmetic Gynecology



09:00–09:30 AM

Labiaplasty by Wedge Excision

09:30–10:00 AM

Labiaplasty by Edge Excision
+ Clitoral Hood Reduction

10:00–10:30 AM

Hymenoplasty

10:30–11:00 AM

Application of Fat Grafting / Types of Fat

11:00–11:30 AM

Breakfast

11:30 AM–12:00 PM

Comprehensive approach of
Vaginal Rejuvenation

12:00–01:00 PM

Live Case: Hymenoplasty

01:00–02:00 PM

Live Case: Labiaplasty & Clitoral Hood Reduction

02:00–02:30 PM

Lunch

02:30–04:00 PM

Live Case: Surgical Vaginal Tightening & Perineoplasty

04:00–05:00 PM

Hands on Cases

- Fat Harvest
- Fat Grafting in Labia Majora Augmentation
- Fat Grafting in Acne Scars
- Nano/Micro Fat Preparation
- Fat Grafting in SUI
- Fat Grafting in Genitourinary Syndrome of Menopause
- Fat Grafting in Vaginal Rejuvenation

05:00–05:15 PM

Tea Time

05:15–05:45 PM

Certification Ceremony



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KEY LEARNING OUTCOMES

Understand applied anatomy and physiology of female genitalia.
Perform hands-on aesthetic, functional & regenerative gynecology procedures. Gain Proficiency with female genitalia cosmetic surgery and Noninvasive functional gynecology procedures.
Understand How to set up Cosmetic Gynecology Practice with Our proud mentorship and support.
Learn case-based approaches and patient-specific solutions.
Develop confidence to integrate new techniques in clinical practice.



COURSE TRAINERS



DR. SHRADDHA GOEL

SENIOR CONSULTANT
COSMETIC GYNECOLOGIST

DR. SOURABH RAWAT

SENIOR CONSULTANT
PLASTIC & COSMETIC SURGEON

CERTIFICATION & ACKNOWLEDGMENT

All participants will receive a **Certificate of Completion** for successfully attending the 3-day Mastercourse in Functional, Aesthetic and Regenerative Gynecology.



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